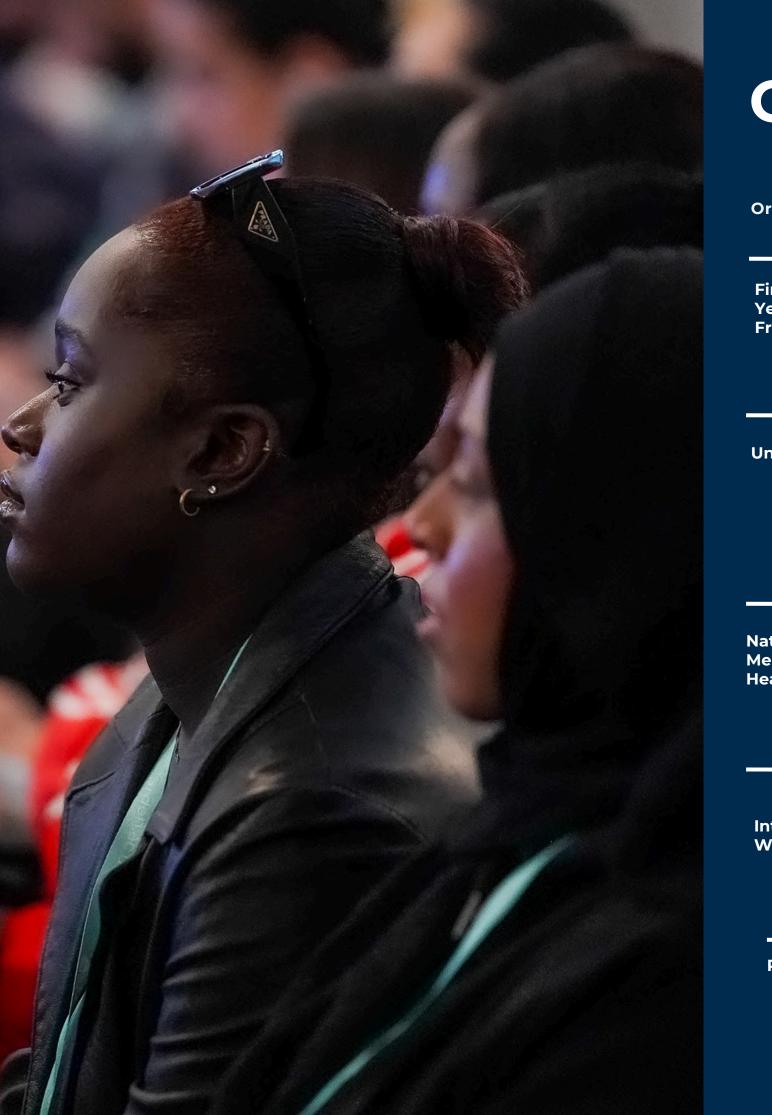
# Student Activities & Events Guide Tower Hill Campus

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### **Campus Social Events**

Organisation	Description
First Year Friday	Every other week meet your peer mentor and other students for coffee, catch-up and activities.
UnityFest	February - A celebration of diversity in our city. Sample a variety of cuisines and learn more about the heritage of our students.
National Mental Health Day	October – let's all come together to talk about mental health and show everyone that mental health matters. Talking about our mental health can help us cope better with life's ups and downs
International Women's Day	March - a global day celebrating women's achievements, with activities & refreshments
Pride	June - A celebration of people coming together in friendship to celebrate how far LGBTQ+ has come, with food, music, refreshments



Location

Free

**Tower Hill** Campus

Free

**Tower HIII** Campus

Free

**Tower Hill** Campus

Free

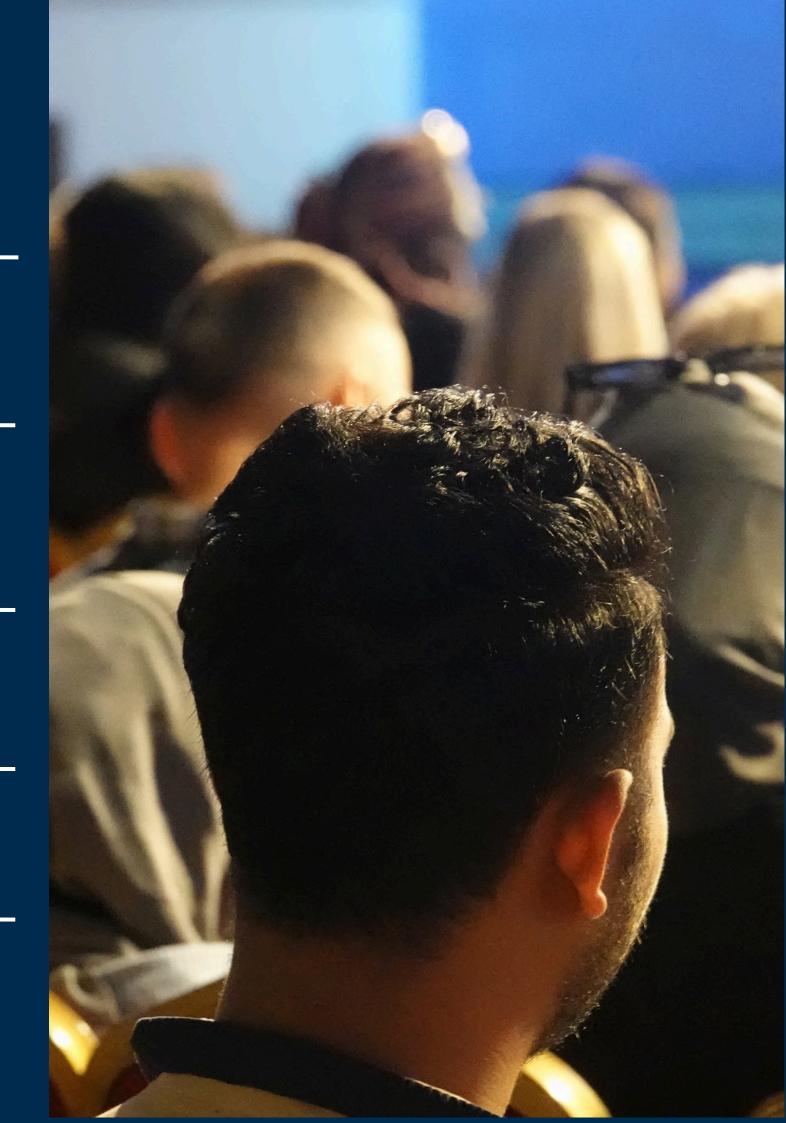
**Tower Hill** Campus

Free

Tower HIII Campus

# **Campus Social Events**

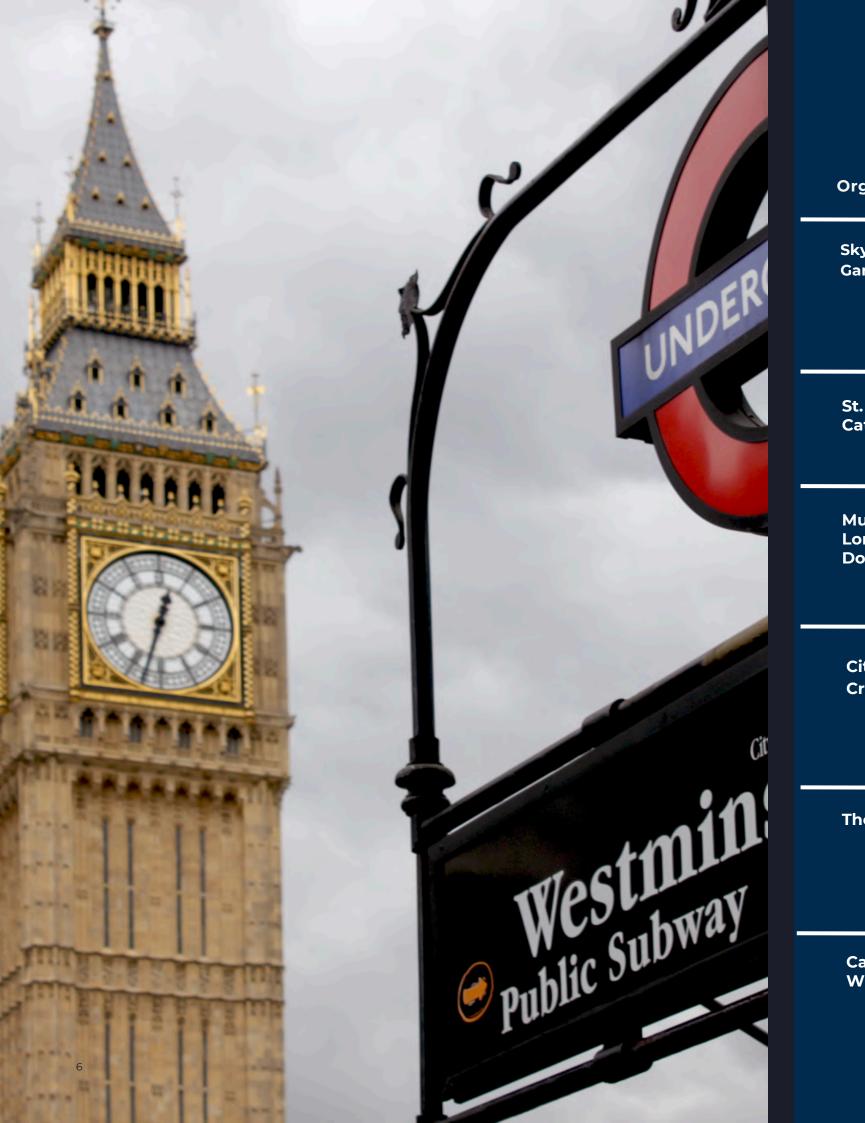
Organisation	Description	Cost	Location
Easter	April / March - Easter Activities and games with prizes	Free	Tower HIII Campus
Windrush Day	June - Campus games and events to celebrate and honour the contributions of migrants to the post- war economy	Free	Tower HIII Campus
Diversity Day	September - Celebrating the diversity of campus culture and acknowledging & appreciating our differences.	Free	Tower HIII Campus
Black History Month	October - Multiple events & actiivities to share, clebrate and understand the impact of Black heritage and culture	Free	Tower HIII Campus
Diwali	October / November - Hindu festival of light celebrating the sweetness of life with traditional foods	Free	Tower HIII Campus



# Sports

Activity	Description	Cost	Website
Tennis	Enjoy professional tennis coaching and practice sessions in the heart of Tower Hamlets.	£10	<u>Tower</u> <u>Hamlets</u> <u>Tennis</u>
Martial Arts	You can buy a day gym pass or a Monthly+ Pass and Day passes can be bought individually.	£10 Day Pass	<u>Tokei</u> <u>Martial Arts</u> <u>&amp; Fitness</u> <u>Centre</u>
Hiking the Thames Path	Following the River Thames, this 184-mile trail winds its way through lush meadows, riverside towns, and iconic landmarks such as Tower Bridge.	£7.50 (includes the certificate)	<u>National Trail</u> <u>Thames Path</u> <u>Passport</u>
Hidden Gym	No Contracts Affordable Membership	Free Day Pass	<u>Hidden</u> <u>Cym</u>





## Entertainment

Organisation	Description
Sky Garden	360 - degree views of London from the top of the Walkie Talkie Building.
St. Paul's Cathedral	Explore the iconic cathedral with its magnificent dome, crypt, and whispering gallery
Museum of London, Docklands	Discover the history of London from prehistoric times to the present day through interactive exhibits
City Cruises	Enjoy a sightseeing tour by boat along the Thames with City Cruises.
The Shard	Visit the tallest building in the UK and enjoy breathtaking views from the observation decks.
Canary Wharf	Walk along the River Thames and explore the neighbourhood made up of distinctive areas, each with its own unique character.

Cost	Website
free - booking is necessary	<u>Sky Garden</u>
£20	<u>St. Paul's</u> <u>Cathedral</u>
free	<u>Museum of</u> <u>London,</u> Docklands
from £14	<u>City Experiences</u>
from £28	<u>The</u> <u>Shard</u>
free	<u>What to See</u>

# **Historical Sights**

Organisation	Description	Cost	Website
Tower of London	Discover the history of the Tower of London, including the Crown Jewels and medieval architecture.	£29.90 per adult	<u>Tower of London</u>
Wilton's Music Hall	Visit the world's oldest surviving music hall, offering a range of performances and events.	Varies by Event	<u>Wilton's mUsic</u> <u>Hall</u>
Tower Bridge Exhibition	Discover the history of Tower Bridge through interactive exhibits and enjoy panoramic views from the glass walkways. Dogs are welcome	£11.40 per adult	<u>London Bridge</u>
London Wall	View the impressive surviving sections of the wall from the Tower of London	Free	<u>London Wall</u> <u>English Heritage</u>
Shakespeare's Globe Theatre	Experience the magic of Shakespeare with performances in a replica of the original Globe Theatre.	£5 standing	S <u>hakespeare's</u> <u>Clobe Theatre</u>





# Parks & Outdoor Activivities

Organisation	Description	Cost	Website
Kayak Tours	Discover London from the water with guided kayak tours along the Thames.	£39	<u>Kayak Tours</u>
Tower Hill Garden	This garden provides both sunny and shaded spots to enjoy with a children's play area, seating and grassed areas.	free	<u>Tower Hill</u> <u>Garden</u>
Trinity Square Gardens	These formal gardens have a rich history and great views of the Tower of London	Free	<u>Trinity Square</u> <u>Gardens</u>
Mar	kets		
Organisation	Description	Cost	Website
Brick Lane Market	Explore a bustling market filled with vintage shops, street food, and unique finds.	Free	<u>Brick Lane</u> <u>Market</u>
Borough Market	Explore one of London's oldest and largest food markets, offering a variety of gourmet	Free	<u>Borough Market</u>

variety of gourmet delights.

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Tower Hill Campus Arden University 40 Tower Hill, London, Ec3N 4DX Contact number: +44 (0) 208 819 0100 Option 4 Email: towerhillstudentsupport@arden.ac.uk



#### **Every 2nd Friday** LOOK FOR THIS BANNER

### **JOIN US &** CONNECT WITH YOUR **PEERS!**

### FIRST YEAR ', FRIDAYS 1,

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